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Cybersex Addiction Screening Test

By [Robert Weiss, LCSW, CAS](#)

The Cybersex Addiction Screening Test is designed to assist the assessment of sexually compulsive or "addictive" behavior. The test provides a profile of responses which help to identify men and women with sexually addictive disorders. Check each "Yes" response as appropriate, and then click on the "Submit" button at the bottom.

1. Do you spend increasing amounts of online time focused on sexual or romantic intrigue or involvement?
 YES
2. Are you involved in multiple romantic or sexual affairs in chat rooms, Internet or BBS?
 YES
3. Do you not consider online sexual or romantic "affairs" to be a possible violation of spousal/partnership commitments?
 YES
4. Have you failed in attempts to cut back on frequency of online or Internet sexual and romantic involvement or interaction?
 YES
5. Does online use interfere with work (tired or late due to previous night's use, online while at work etc.)?
 YES
6. Does online use interfere with primary relationships (e.g. minimizing or lying to partners about online activities, spending less time with family or partners)?
 YES
7. Are you intensely engaged in collecting Internet pornography?
 YES
8. Do you engage in fantasy online acts or experiences which would be illegal if carried out (e.g. rape, child molestation)?
 YES

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9. Has your social or family interactive time decreased due to online fantasy involvement?
 YES
10. Are you secretive, or do you lie about the amount of time spent online or type of sexual/romantic fantasy activities carried out online?
 YES
11. Do you engage with sexual or romantic partners met online, while being involved in marital or other primary relationship?
 YES
12. Are there increasing numbers of complaints or concerns from family or friends about the amount of time spent online?
 YES
13. Do you frequently become angry or extremely irritable when asked to give up online involvement to engage with partners, family or friends?
 YES
14. Has the primary focus of sexual or romantic life becomes increasingly related to computer activity (including pornographic CD ROM use)?
 YES